Codes of Conduct
Upward/Onward

PARENTS

By signing, I agree to the following standards of conduct for myself, my family/guests and my child/children:

- We will show respect for all players, coaches, and referees. We will not voice displeasure during games, but will maintain a positive environment for all participants.
- We will support the coaches by requiring our children to be respectful, attentive, and obedient.
- We will support the team by ensuring that our players are on time for practices and games.
- ***We will support the players by making every effort to avoid practice absences because practice absences limit my child's opportunities to learn.***
- We will support the program by making every effort to avoid game absences because game absences diminish the experience for players, coaches, and spectators by creating matchup, rotation, and competitive imbalance problems for both teams.
- We will inform our coach if an absence will be necessary, allowing him/her the opportunity to adjust the practice plans or game rotations accordingly.
- We will address any issues or concerns in the following manners:
  - Concerns with our coach(es) will be addressed **directly with them** (after team activities for the day are completed), a **Coaching Commissioner**, or with the **Upward/Onward Director**.
  - Concerns with a referee or opponent coach will be addressed with the **Referee Commissioner**, **Coaching Commissioner,** or **Upward/Onward Director**. We will never approach an opposing coach or a referee directly with a concern or complaint – only with positive comments or compliments.
- We will remember that Upward and Onward are developmental leagues, primarily run by volunteers, and will extend grace and forgiveness to one another.
- I will ensure that my child/children wears his/her uniform (shirt and shorts) to all practices and games.
- We will abide by the attended child policy as described below:
  - Parents are invited and encouraged to stay and watch practice.
  - Players may be dropped off for his/her practice, per the following:
    - It is recommended that parents escort their children in and out of the building. This is a *requirement* for parents of the 1st through 4th grade players.
    - Players should not be dropped off any more than 5 minutes prior to the start of their scheduled practice.
    - Parents should be at the building to pick up their children no later than the end time of the player's scheduled practice.
  - Practice and Game Day Rules:
    - For their safety, any child not on the court practicing/playing should be attended by an adult at all times. This includes siblings and friends who come along to games and practices.
    - Children should not be left unwatched to run/roam the halls nor to play in the café area.
  - Players should not be on the gym floor until it is time for their practice to start. Other children should not be on the gym floor at any time. Non-practicing players on the gym floor create a safety issue for themselves and impede on the practice areas of the teams who are practicing.

PLAYERS

Players, by signing below, promise to do their best to obey the following:

- Remember that the goals of Upward and Onward are to have fun, improve your skills, do your best, and play by the rules.
- Cooperate with your coaches, teammates, and the referees.
- Never argue with a referee or complain about the referee's calls or directions.
- Control your temper and do not retaliate when you feel you have been wronged.
- Work equally as hard for your teammates as for yourself. **DO NOT** be a showoff or a ball hog.
- Treat all players as you would like to be treated. Be a good sport by cheering all good plays, whether by your team or your opponent.
- I will use only words and language that are positive and not offensive to those around me.
- I will not be on the gym floor until it is time for my practice to start, in order to show respect for the other teams who are practicing.
- I will wear my uniform (jersey and shorts) to all practices and games.
- I will attend practices and games because I have made a commitment to be part of a team. Practices enable me to learn team plays and strategy. I will make my team a priority above social activities (birthday parties, sleepovers, hanging out with friends/play dates, etc.)

Parent Signature: _____

Parent Name: _____
Please Print

Child/Children playing Upward/Onward (Please sign below):

Child 1: _____ Child 2: _____

Child 3: _____ Child 4: _____